



**Pentrebane Primary School
Beechley Drive
Pentrebane
Cardiff
CF5 3SG**

Friday, 22nd June 2018.

Dear Parents,

As we enjoy the lovely weather and look forward to lots more long, hot, sunny days we need to think about how we keep our pupils, your children, safe in the sun.

As you know, there is no shade on the upper yard or on the field, so it is very important that we make sure our pupils are prepared to be safe in the sun. We have had an assembly about staying sun safe so your child can explain what we have discussed. We would ask you to support us in this by ensuring that your child(ren) follow these basic guidelines:

CLOTHING

- Your child wears a hat when outside on the yard. Please provide them with a hat;
- Your child wears clothing that covers their shoulders i.e. no vests or cap sleeved t-shirts. Their school t-shirt is good for covering their shoulders and the tops of their arms.
- Your child wears clothing that covers the top part of their legs i.e. no short shorts or skirts. Shorts or skirts to the knees or $\frac{3}{4}$ trousers are perfect.
- Your child wears sensible shoes i.e. no flip flops or similar. Their footwear must be secure on their feet with a strap around the back of their heel. This is important in a school like ours where there are so many steps.

If children do come to school wearing clothes that we feel could result in over exposure to the sun we will ensure that they are protected by keeping them in the shaded lower yard or inside the building.

WATER

- Your child has a bottle of water so that they can refill as often as they need to at the water fountain. They need to drink lots of water after being outside in the sun especially if they have been running around.

SUN CREAM

- Please ensure that your child has the highest factor sun cream on when they come to school. If you wish your child to bring cream to school they must bring it clearly marked with their name and hand it to their class teacher who will look after it for them. Teachers will **NOT** be permitted to put the cream on your child but will supervise them as they apply the cream, you have provided, themselves before they go onto the yard at lunch time. The school will not be able to provide cream to put on children because of the risk of allergies.

If you have any queries please do not hesitate to contact the school.

Yours faithfully,

Mrs. S. Duggan, Headteacher.